



## Instructions

There are no wrong answers here. Everyone will have a mix of these characteristics. What we are looking for is your dominant and subdominant type. To do the test, simply take each line and put a 4 next to the word or phrase that describes you best. Then place a 3 next to the next best word and so on until you have a 1 next to the phrase that least describes you. On each line you will have a 4, 3, 2 and 1. Remember to answer this as you are not as you wish you would be, if you need help ask a spouse or friend.

After you have completed the quiz, add up the columns to see your scores. Most people will have scored something in all of the columns. This is because we are all individuals and have a combination of traits operating at once. The column you scored highest in is your dominant type. The column you scored second highest in is your subdominant type.

Alpha Dog		Party Dog		Loyal Dog		Analytical Dog	
01	Authoritarian		Motivating		Consensus driven		Organised
02	Takes control		Spontaneous		Connects with others		Detail orientated
03	Entrepreneurial		Risk taker		Doesn't like change		Predictable
04	Likes to solve challenges		Visionary/dreamer		Likes to look after others		Likes order
05	Strong willed		Distractible		Avoids conflict		Perfectionist
06	Coordinates projects		Big picture thinker		Likes routine		Prefers to work alone
07	Results orientated		Loves groups of people		Good in one on one situations		Researcher
08	Strong		Energetic		Empathetic		Observer
09	Independent		Charismatic		Loyal		Introverted
10	Stubborn		Encourages others		Peace-maker		Rule follower
11	Decisive		Impulsive		Intuitive		Analyst

**Totals**

What is your dominant? \_\_\_\_\_

What is your Subdominant? \_\_\_\_\_